

OCTOBER 2018

## Bullying Prevention Month

### What is Bullying?

Bullying is aggressive behavior that is intentional and involves an imbalance of power or strength.

Bullying can take many forms, such as hitting, kicking, threatening others, teasing, name-calling, excluding from a group, or sending mean notes or e-mails.

### What is Cyberbullying?

The use of electronic communication to bully a person, typically by sending message of an intimidating or threatening nature

### What should you do if you are being bullied?

**Tell a trusted adult**

### If you see someone being bullied?

**Tell a trusted adult**



### **Stand against Bullying**

Sign the Pledge  
Tuesday October 9th  
During Lunch

## Prevent Bullying, Promote Kindness

Students, Parents, and Families, please feel free to contact us by email or phone with any questions.

### Programs and Events

#### **Rochester Children's Scholarship Fund**

Grade 9

Scholarship opportunity for qualified students, required GPA and income to qualify.

Visit [www.rcsf.info](http://www.rcsf.info) for additional information.

#### **Cyber Day for Girls at RIT**

Grade 7-9

All day event for girls interested in cybersecurity. This Cyber Day for Girls will open doors to a field these girls may have never imagined they could be part of before!

Register for this Free event at <http://bit.ly/2018CyberDayForGirls>

#### **Service Academy Night**

Grades 9

Hosted by Senator Kirsten Gillibrand, Panel Discussion with representatives from every branch of the military at MCC Downtown Campus on Wednesday October 17th at 6:00 pm.

Please RSVP to Cristina Gray at [Christina\\_Gray@gillibrand.senate.gov](mailto:Christina_Gray@gillibrand.senate.gov)

#### **S.W.A.T (Spreading Wellness Around Town)**

Ages 14 and up

SWAT is a youth council that meets each week with community leaders, and other professionals to talk about topics and issues that youth care about. SWAT is a way for youth voices to be included, and heard.

Contact Ms. Bianca Logan at (585) 753-2638 for more information.

### Academic Assistance and Tutoring

#### **Urban League Afterschool Academy**

Grades 7-9

Academic program focused on preparing students for college, work, and life. For more information call (585) 325-6530 ext. 3049

information at [www.sotarochester.org](http://www.sotarochester.org)

#### **Boys & Girls Club**

Grades 7-9

Afterschool program focusing on Homework Help, Sports, Arts.

Email [cwatson@bgcrochester.org](mailto:cwatson@bgcrochester.org) or call 585-328-3077 for more information